Labcorp LabAlert

July 2026

An Important Update from Laboratory Services

DIRECT LDL TESTING IS BROUGHT IN-HOUSE

Effective July 1, 2026, Direct Low-Density Lipoprotein (LDL) will be performed at Legacy Emanuel Hospital Laboratory (EH) instead of being referred to another Labcorp facility. The direct LDL may be ordered directly by using the **NEW orderable LDL-CD**, which is slightly different than the orderable used for the referral test (**LDLCD**). In addition, the direct LDL is automatically sent to EH when the **LIPIDRFLX** panel is ordered and triglycerides exceed 800 mg/dL. If the **LIPIDS** panel is ordered, the direct LDL is not automatically reflexed, but a comment is added, if triglycerides exceed 800 mg/dL, to recommend the direct LDL be ordered.

Specimen requirements and reference intervals will be available on our Labcorp at Legacy test table. In brief, collect one 5.0 mL gold (SST), 7.0 mL red, or 3.0 mL mint green (lithium heparin, PST) top tubes. Fasting is strongly recommended for triglycerides and lipid panels to allow triglycerides to reach baseline. Additional ordering information is provided in Table 1.

Table 1: Orderables and Basic Specimen Requirements

Test	Orderable	Includes		Specimen Requirements
		Measured Tests	Calculated Tests	
Cholesterol, LDL, Direct	LDL-CD	Cholesterol, LDL, Direct	None	Collect a minimum of 0.60 mL whole blood to yield at least 0.25 mL Serum/Plasma. LDL must be separated from red blood cells within 3 hours of collection.
Lipid Panel with Reflex	LIPIDRFLX	Cholesterol, Total Cholesterol, HDL Triglycerides Direct LDL is ordered automatically when the Triglycerides are >800 mg/dL.	Cholesterol, LDL Cholesterol, Non-HDL Cholesterol/ HDL Ratio	Collect a minimum of 2.0 mL whole blood to yield at least 0.75 mL Serum/Plasma. Separate serum/plasma from cells within 3 hours of collection.

*Labcorp is now the performing and billing laboratory for most Legacy Health lab testing. By combining Legacy Health's history of outstanding service with Labcorp's comprehensive test menu, lab medicine expertise and support capabilities, we are confident that we will build upon the outstanding tradition of delivering high-quality laboratory services to patients in the Portland & Southwest Washington communities.

For additional information, please contact your account representative, client services or consult the Lab Test Tables on our website.

Labcorp Client Services: 800-859-7001, www.legacyhealth.org\labservices